

The SHMSTC Tiger Tribune

May Campus Happenings- Goodbye 2022-23 & Hello Summer!



Sam Houston MSTC Mission, Vision & Values

- Vision: To be the final public school destination for students in the community.

Mission: To maintain a data-informed, student-driven culture by focusing on academic and social excellence.

Motto: Building on a Rich History.

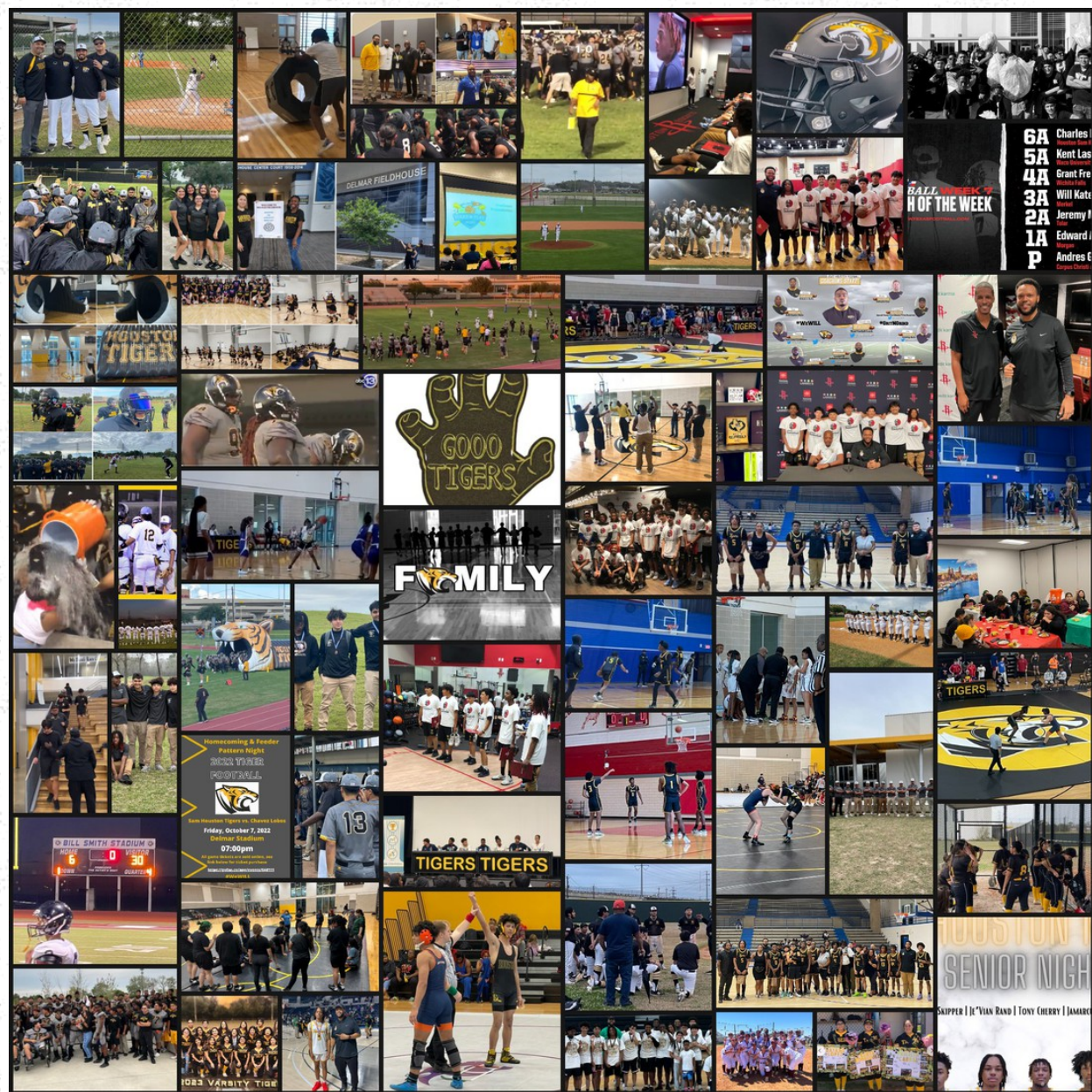
Beliefs:

- Our students learn best in a safe environment when they are held to high standards.
- Our parents trust us with their most valuable assets and are interested in being a part of the education process.
- Our teachers are committed to seeing their students learn and achieve at high levels socially and academically.
- Our community members want Houston MSTC to be the final public school destination for students in the community.

The end of the school year is finally here! Let's take a moment to relive all of our incredible moments together as a school family!

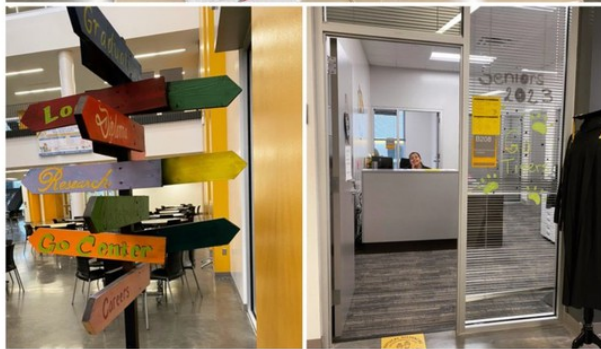
A Year of SHMSTC Athletics

📺👉 As the school year comes to a close, let's take a moment to reflect on some of the most amazing moments we've had in Tiger Sports! 🥳🥰 From stunning victories to heartwarming team moments, we've had so many unforgettable experiences. 🏆🏆 We are proud of our athletes & all the hard work they've put in this year! 📸🏀🏈🏉 @TigerHoopsHMSTC @MrCoachShepard @HISDAthletics @Coach_CBrown3 @tigers_houston



A Year of SHMSTC Go Center

📸🐾 As the school year comes to a close, it's time to reflect on some of the most amazing moments we've had in the Tiger Go Center! 😊🐾 From helping students with college applications to providing guidance on financial aid & scholarships, we've had so many unforgettable experiences. 💰🐾 We are proud of our students & all the hard work they've put in this year! 🐾🐾 #CollegeGoCenterMoments #ProudStudents🌟🐾 @HISDHighSchools



A Year of SHMSTC Cheer

📺👏 As the school year comes to a close, it's time to reflect on some of the most incredible moments we've had in Tiger Cheer! 🐾🐾 From cheering at games to winning competitions & spreading school spirit, we've had so many unforgettable moments. 📢📢 We are proud of our team & all the hard work they've put in this year! 📸🌟 #ProudTeam @_sam_houston_cheer_ @HISDAthletics



A Year of SHMSTC CTE Programs

📸🎥 As the school year comes to a close, it's time to reflect on some of the most amazing moments we've had in Tiger CTE Programs! 🌟👏👤📺 From exploring career pathways to gaining real-world experience & developing new skills, we've had so many unforgettable experiences. 🎓👏 We are proud of our students & all the hard work they've put in this year! 📸👏 #CTEMoments #ProudStudents ✨👏 @HISDCTE @HISDHighSchools



A Partial Year of SHMSTC Library

📖👋 As the school year comes to a close, let's take a moment to reflect on some of the most amazing moments we've had in Tiger Library! 🧠📚 From engaging book talks to providing access to diverse literature & resources, we've had so many unforgettable experiences. 📖💖 We are proud of our students & all the learning and growth they've achieved this year! 📚👏
 #LibraryMoments #ProudStudents ✨📖 @HISDLibraryServ



A year of SHMSTC PTO

📖👋 As the school year comes to a close, let's take a moment to reflect on some of the most amazing moments we've had in Tiger PTO! 🥰👥 From supporting our school community to organizing fundraisers & events, we've had so many unforgettable experiences. 🥰💖 We are grateful for our dedicated PTO members & all the hard work they've put in this year! 📸🐯 #PTOMoments #Grateful🌟🐯 @HISDFACE



A year of SHMSTC Band and Mariachi

🎵🎶 As the school year comes to a close, let's take a moment to reflect on some of the most amazing moments we've had in Tiger Band & Mariachi! 🎵🎶 From stunning performances to hours of practice & hard work, we've had so many unforgettable experiences. 🎵🎶 We are proud of our musicians & all the passion & dedication they've put in this year! 🎵🎶

#BandMariachiMoments 🌟 🎵 @shmstcmariachi_ #Mariachi Bicentenario 🎵 @HISDFineArt



A year of SHMSTC JROTC

📸👋 As the school year comes to a close, it's time to reflect on some of the most amazing moments we've had in Tiger JROTC! 🎉👏 From leadership development to community service & teamwork, we've had so many unforgettable experiences. 🙌👏 We are proud of our cadets & all the hard work they've put in this year! 📸👏 #JROTC Moments #ProudCadets ✨👏
 @SHMSTC_JROTC @SAI_Ray1911





A Year of Art @SHMSTC

📺👉 As the school year comes to a close, it's time to reflect on some of the most amazing moments we've had in Tiger Art! 🎨👂 From creative expression to exploring different mediums & techniques, we've had so many unforgettable experiences. 📺❤️ We are proud of our students & all the talent & creativity they've shared this year! 📺👂 #ArtMoments #ProudStudents ✨👂 @HISDFineArt





🎉🎨 Huge congrats to Sofia Cerda, our talented @SHMSTC Art student, for securing 4th place in the 2023 Congressional Art Competition! 🏆🎉 Her masterpiece, "The Voice Of The People," will grace Congresswoman Sylvia Garcia's office in Washington DC for a year! 🎨🏠 #ArtAchievement



A year of SHMSTC Dance

🎉🐱🕺 Let's raise a toast to celebrate a year of incredible dance performances @SHMSTC! 🍷🎉 Thanks to all the talented dancers and dedicated instructors for making it happen! 🙌🙌 #SHMSTCdance #WhipIt #Tigerettes #CheersToAnotherYear 🍷🎉

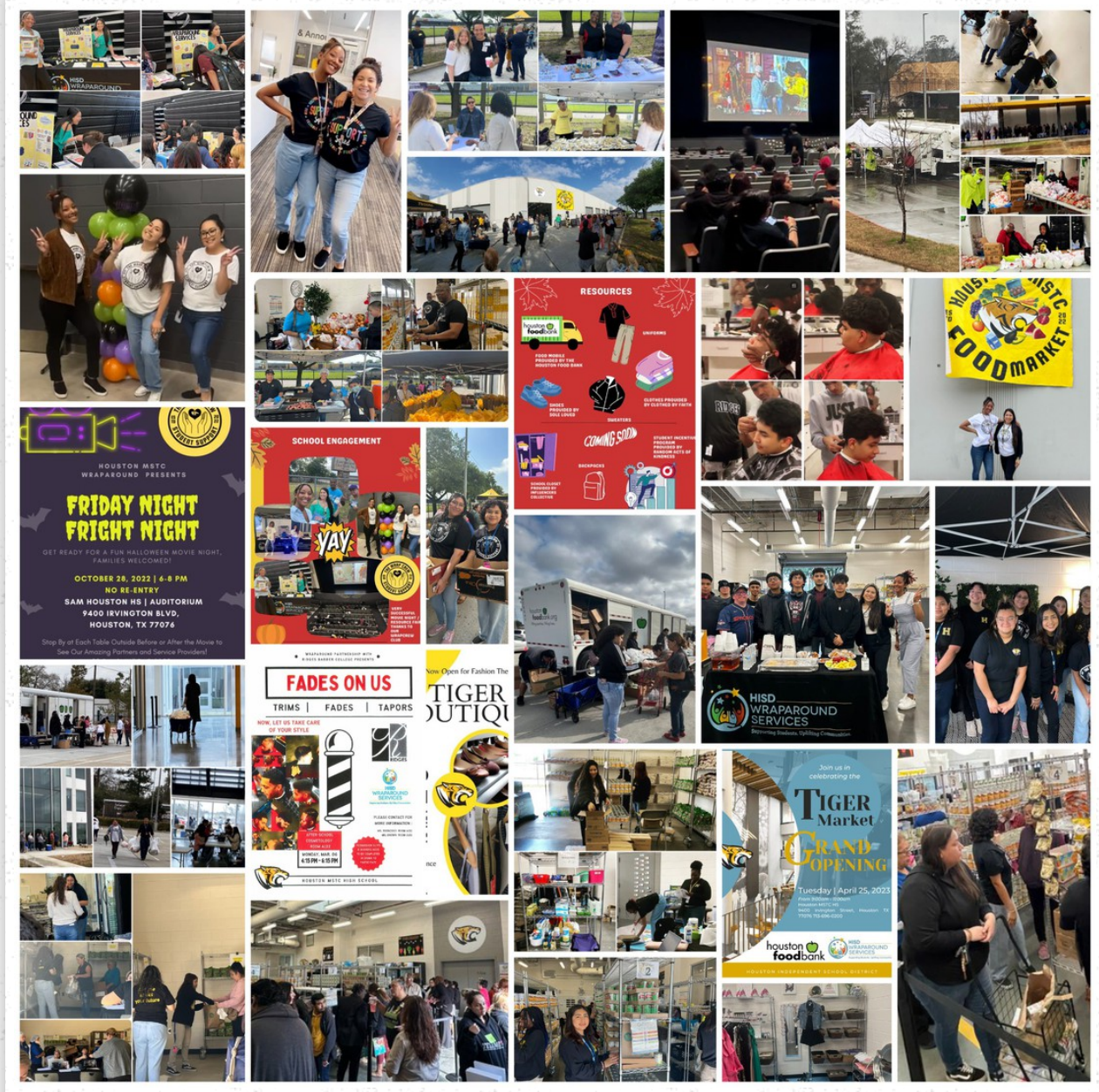


A year of SHMSTC Wrap Around

📖👂 As the school year comes to a close, it's time to reflect on some of the most amazing moments we've had in Wrap Around Services! 😊🌟 From supporting students' social-emotional development to providing academic enrichment, we've had so many unforgettable moments. 📖

📖 We are proud of our team & all the hard work they've put in this year! 🙌🌟

#WrappedMoments 🌟🐱 @SHMSTCWRS @SHMSTCwraparound @HISD_Wraparound



A year of SHMSTC National Honor Society

📺🎥 As the school year comes to a close, let's take a moment to reflect on some of the most amazing moments we've had in Tiger National Honor Society! 🌟🌟 From academic excellence to community service, we've had so many unforgettable experiences. 📖📖 We are proud of our members & all the hard work they've put in this year! 📢 #ProudMembers ✨🌟 @shmstcnhs @NatHonorSociety



CHARACTER • SCHOLARSHIP • LEADERSHIP • SERVICE

Nation Honor Society is looking for students with a 3.0 GPA to join its 2022-2023 Chapter!

National Honor Society (NHS) is an organization dedicated to recognizing and encouraging those students who demonstrate excellence not only in the classroom, but also in their schools and communities as well.

Applications Open: September 14, 2022
Deadline: October 7, 2022

Benefits in joining the NHS are:
Eligible for Scholarships

TAS: \$2

NATIONAL HONORS SOCIETY
MARCH 27 & 29
4:10 - 6:10 PM
@ WOODEN STAIRS

Leche
Leche
and Cream

\$1.50

to Pie \$1
to Elote \$2
to Elote \$2
to Elote \$3



NATIONAL HONOR SOCIETY FOOD SALE

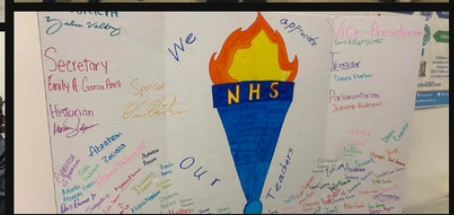
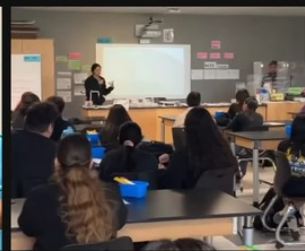
The Menu

SOFTAS \$1
WATER \$1
COCACARBONES \$1
PACHITOS \$1
BUNGE CHICKEN LARABIT \$1
BUNGE CHICKEN LARABIT \$1
BUNGE CHICKEN LARABIT \$1
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BUNGE CHICKEN LARABIT \$1
BUNGE CHICKEN LARABIT \$1

WHEN AND WHERE?

• Wednesday, March 23, 2022
• Between the front office & the Student Body
• We will have food from 4:10 to 6:10 PM. We will have more food before the school ends and after the school ends at one of our two locations.

See Website for more info

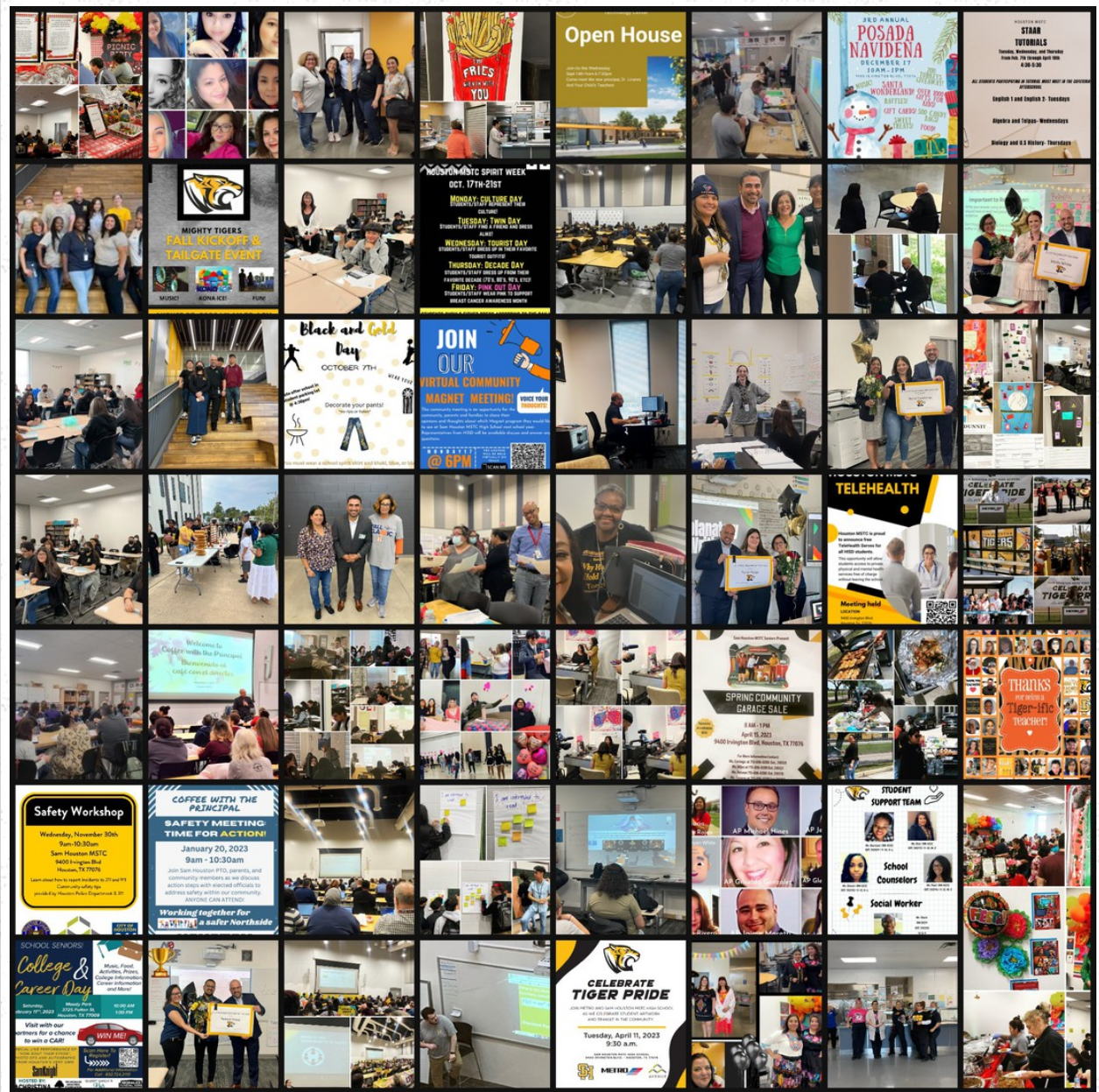


🎓👩 On Sat, May 13, 2023, our @SHMSTC Seniors in EMERGE Fellowship had their graduation & got their stoles! 🌟😊 NHS is bursting with pride for these hardworking girls, who secured spots in incredible 🏡🎓 Universities/Colleges! #EMERGEFellowship #Classof2023 #Congratulations



A year of SHMSTC Tiger Staff

📺👋 As the school year comes to a close, let's take a moment to reflect on some of the most amazing moments we've had with our Tiger Staff Members! 🧑🏽🧑🏽🧑🏽🧑🏽🧑🏽 From their tireless efforts to support student success to their unwavering dedication to our school community, we are grateful for all that they do! 🧡💖 Thank you, Tiger Staff Members, for an unforgettable year! 📺👋 #StaffAppreciation #Grateful🌟@TeamHISD @HISDHighSchools



The Campus Corner for Month of May

🎉👗💃🕺🌟👤🎵🔔 Recap of SHMSTC's incredible prom night in 2023! Dancing the night away with my amazing friends and feeling like royalty in our fancy attire ✨ #promnight #2023 #goodtimes @HoustonISD



🎉🍔🥗 Happy Lunch Hero Day! 🙌👏 Let's show appreciation to all the hardworking lunch workers out there who keep us fed and fueled every day! 🍏🍇🍞 Don't forget to say thank you to your lunch hero today! 😊
👑👤👑 #LunchHeroDay #TigersEat @HISDNutrition #SHMSTC 🐅🐅🐅



🎉👏 Happy #PrincipalAppreciationDay to Dr. Linares @SHMSTC! 🙌
Thank you for your hard work and dedication to our school community.
🏫📚 You inspire us to be the best versions of ourselves. 💪 #ThankYou
#Education #Leadership 🙏 @HoustonISD



Sam Houston MSTC @SHMSTC · 11s

🏆🎉 We're proud to announce that we've been recognized as a 2022-2023 Texas Top 10 ESL School of the Year! 🌟👏 Thanks to our dedicated staff and hardworking students for making this possible! 🎓👨🎓
#ESLeducation #TexasTop10 @HoustonISD #EducationExcellence 🎓📚
@SummitK12



SummitK12 @summit_k12 · 4h

Congratulations to Houston Math Science & Tech Center from @HoustonISD for being recognized as a 2022-2023 Texas Top 10 ESL School of the Year for your outstanding work in supporting the language development of Emergent Bilinguals! #SummitAwards 🏔️
@HISDMultiPrgrms

🇲🇪🇵🇸 Happy Cinco de Mayo! 🎉🥳 It wouldn't be complete without a potluck fellowship with the SHMSTC staff & delicious food shared together! 🥑🍷 Let's make this a habit and continue the tradition for next school year and beyond! 🍴🥂 #CincoDeMayoCelebration #PotluckFellowship




🌸🌱☀️ Had a blast during 2023 Spring Field Day @SHMSTC! 🏢 A big shout out to the 🏢 NHS and 👥 PTO for their amazing efforts in serving our community. Let's have some fun in the sun! ☀️🌳🌸
 #SpringFieldDay #CommunityService #ThankYou 🙌 @shmstcnhs
 #HonorSociety




Everyone that is going to the Field Day at

💬💙 Remember, May is Mental Health Awareness Month! 💙💬💬 If you're going through something and need someone to talk to, don't hesitate to reach out to our amazing Sam Houston counselors. They're here to help! 💬👩🏫 #MentalHealthAwarenessMonth #YouAreNotAlone 🌸🌸 @shmstcwrs


School Counselors




Ms. Marcisse | RM A332
EXT: 310104 | 9-10, A-L




Ms. Ries | RM A312
EXT: 310172 | 9-10, M-Z








Ms. Chevis | RM A212
EXT: 310130 | 11-12, A-L



Ms. Paul | RM A232
EXT: 310146 | 11-12, M-Z



May is Mental Health Awareness Month

-  **Connect regularly** with family and friends
-  **Exercise** at least 60 minutes a day
-  **Sleep** at least 7-8 hours a night in a cool and dark place
-  **Practice mindfulness** 20 minutes a day
-  **Eat healthy, whole foods** and increase water

SELF-CARE CAN BE

- step back
- time alone
- putting yourself first
- asking for what you need!
- staying
- saying 'no'
- forgiving yourself



☀️🍴 Today, thanks to our amazing CCC and PTO, our staff enjoyed mouthwatering food and cherished each other's company! 🍷🍕🍷 It was a fantastic celebration in honor of Teacher Appreciation Week. Huge thanks to everyone involved! 🥂🥳 #TeacherAppreciationWeek #Grateful #TeamSHMSTC



☕👥👵👶📷 Coffee with the community @SHMSTC! We ❤️ our parents! Celebrating our mothers 🌺 Pictured: 👵 Oldest mother. 👶 Youngest mother. 👶 Most children. And we love our fathers too! 👶👶 @HISDFACE



🌟 Today's @SHMSTC Day of Wellness event was absolutely amazing! 🙌
 🌈 An incredible turnout with so many joining us to prioritize their health
 and happiness. 💪❤️ The energy was electric and the vibes were 100!
 Thanks to everyone who made this event a huge success! 🥰🌟
 @SHMSTCWSRS





Principal Dr. Linares

 Facebook  @SHMSTC

Please Connect With Us!

Sam Houston Math, Science, and Technology Center is a high school located in the Hawthorne Place and Timber Garden subdivisions, in Houston, Texas, United States. Sam Houston Math, Science, and Technology Center handles grades nine through twelve and is part of the Houston Independent School District.

<https://go.schoolmessenger.com/#/account/signup>

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 houstonisd.org/Domain/648

